



## February Update 2012 Calendar

The Dome: 828-669-6845 dome@urlight.org

The Lodge: 828-669-0474 lodge@urlight.org

Enjoy the gift of giving as a volunteer at the Light Center. Call for information.

### Recurring events:

Light Room (daily 10-5), Prayer Room (24/7)

Trails/Labyrinth (daylight daily)

World Peace Prayer (Sunday, 3:00 pm) An Infinite Way

Prayer (Wednesday 2:30-3:30 pm)

Jim Goure Lecture Series (Wednesday 3:30-4:30 pm)

An Infinite Way Study Group (Thursday 2:00- 3:30)

**Every Tuesday in February, 2012  
Gentle Yoga with Karen Barnes  
10:30 am— noon. Cost \$10.00 per  
class.**

Gentle traditional yoga emphasizing moving slowly, moving with awareness and with the breath. To register, call the UR Light Center at 828/669-6845.

**Every Tuesday in February starting  
February 21, 2012 Level 1 Qigong  
with Karen Barnes 1:00—2:15 pm.  
Cost: \$10 per class.**

Qigong is the root of Chinese Medicine and combines breath with movement and intention. To register, call the Light Center at 828/669-6845

**March 31: Sending the Magic: Michael  
Willis presents a harp concert from  
7:00- 9:30 pm. Cost: \$15.00.**

To register, call the UR Light Center at 828/669-6845

**March 30 – April 2, 2012: Enchanted  
Forest Intuitive Arts – Spring Break  
Intensive with Nancy Baumgartner.**

To nurture self awareness in innate and biofield and mystical experiences and unfolds spiritual growth. It is open to ages from children to 70 something. Included are topics such as energy healing, cosmology, tree communication, faerie walk, multidimensional knowing to name a few.

To be held at the Lodge and Light Center.

For more information call 828-689-9710 or go online at [www.PsyKids.org](http://www.PsyKids.org).

