



UR LIGHT NEWSLETTER

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January – February Newsletter

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Prayer Focus for January

Abundance

The main article for the January-February newsletter is focused on the concept of Abundance. In these times of job layoffs, the fear surfaces of not having enough (food, shelter, etc.). The tendency is to focus on what we don't have. As the article emphasizes, we must first create Divine Good and Divine Love for ourselves and for everyone and everything.

As creators, if you hold to the statement "I create Good in every situation and in everyone," you begin to cause fantastic events to take place. Once you get into really creating Good, there is no limitation to your capabilities to create. You are not dependent upon anyone or anything to create abundance, because we create from energy and there is an infinite supply of energy. You as creators can create anything. There are just two limitations: you must have 100 percent Love, and you must create only Good. A suggested prayer is: Thank you, God for this creative life force for us to use. I create Good/Love throughout my body, throughout my mind, and throughout my soul. Through every part of my being I create Good/Love. I create Good/Love

radiations and vibrations going out from me to everyone. I create energy that is Good for everyone. I create an economy that is Good/Love for everyone. I create Good/Love in the air we breathe on this planet. I create Good/Love in the food supply of the planet. I create a new type of energy in the air we breathe so it supplies food for our systems. I create Good/Love in every nation. I create Good/Love in all of mankind. Thank you, God. Once you complete the prayer using Divine Good, then, repeat it using Divine Love. When we are anchored in Divine Good and Divine Love, then Abundance will follow.

Mission

To increase awareness of the Oneness of All That Is by expanding Light, Peace, and unconditional Love.

Vision

To provide an environment that supports individual and universal transformation through effective prayer, compassionate education, and creating GOOD moment by moment.

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Prayer Focus for February

Creating A New Economy

. The economy all over the planet is now in a crisis situation. Economy/money is a form of energy and all energy has a cyclical form, a waveform with peaks above the base line and dips below it. The height of these swings is related to how intensely we focus on it. This is the nature of energy.

We as individuals have made money a God. When we focus on a God outside of ourselves, (money or the lack of it), we increase the height of the swings in the wave of this energy. It is time to change the focus from money/economy outside of us to the Christ within. God said, "Thou shall have no other Gods before you." When we shift our focus to the Christ within, there is an abundance of everything (including money) to

accomplish what we are here to accomplish. When we awaken the Christ within ourselves and overcome our consciousness of money, the Creator within can change any problem.

We have the responsibility to create a new energy source and to manifest it, to change the direction of the economy on the planet. And, once we receive a new energy source from the Creator within, we need to share these ideas with the government.

A suggested prayer is, "The Creator within me recognizes the Christ within me and within everyone on the planet. The Creator within me creates energy and a new source of this energy for the planet. The Creator within me creates the direction of the Christ to get the new energy source into the world."

Abundance

From a lecture by Jim Goure August 3, 1979

So much of what has been created by man up until now has been created from concepts of plus and minus—all concepts from the Tree of Knowledge, which teaches us to think in terms of good and evil, life and death, rich and poor, and so on. In considering the idea of abundance, we judge one another: What is your income level? Do you have a good job? How much savings do you have? How big is your house?

We are told that Jesus had abundance from the moment he was born, being given a great deal of gold, frankincense, and myrrh—enough to last him all his life. Whether or not this is fact, the truth is that Jesus lived in a state of knowing he was supplied with all he needed, no matter what he did. He was totally conscious of the creative life force within himself, the force that resulted from his being constantly aware of God working through him.

The use of the creative life force is based upon being able to love divinely. Many of you are already using this force to create music, art, poetry, inventions, and so forth. But don't let this be a limitation for you—thinking you are fulfilling your potential—because your awareness of the Divine is only the beginning of the use of this creative force. And, yes, you can use it to create abundance, and so much more.

You have the responsibility to use the force to create Good, and the creator that you are is permitted to create only Good, which means loving with 100 percent Divine Love. When you love divinely, you are totally

one with the creative life force, and in this love you need nothing. You are breaking through into a new reality for the first time for mankind. This is the time for each person to be the Creator, creating Good.

A concurrent reality is that everyone is creating all the time. They are creating good thoughts and bad thoughts, positive emotions and negative emotions such as doubts and fear. You hear on TV or read in the paper about people being killed in wars, riots, fires, accidents, and murders. "Isn't that a shame! We've got to do something about that!" When thoughts like this go through your mind, you add to the burdens of mankind. As a creator you are doing that. By the very same token you can alter your creation; you can alter your world. You can alter the act of creation that is going on at that very moment.

Being one with the Creator consciousness means that you know that when there is death or destruction of some kind, the creative life force is there for the people involved, creating Good in them so that they will find Good wherever they are. The Creator is totally aware that life is continuous and that every event is a greater event. It is not one of retrogression; there is no retrogression. There is only life, continuous life, going on and on and on.

As it was in the beginning, God created Good, and God saw that it was Good and knew it was Good. So it is with us as creators; we have a requirement to create good in the same way as it was in the beginning. Because creation is going on all the time, we must be constantly aware that our creation is not of the plus-minus world but is only Good. This creation of Good is



using the creative life force—the very energy that is available to everyone—a new type of existence, a new type of man, new capabilities.

The statement that Jesus made, “Be ye perfect as your father in heaven is perfect,” has caused more problems than almost any statement ever made. It has caused people to judge themselves as not perfect and to judge others, because they see them as not perfect. We get into this perfection consciousness where we try to keep everything clean and we don’t want anything old or worn out or damaged. This includes possessions and also people.

In order to break out of this consciousness, just think, “How did the Creator do it in the beginning?” God created Good, absolute Good, and that doesn’t require you to think of that as perfection. In fact, it doesn’t require that you think at all. This Creator consciousness is wonderful because it instantly frees you from thought of any kind. It gives you all sorts of freedom. It’s unbelievable. Jesus expressed it this way: “I and my father are one, yet the father doeth the works,” meaning he did not do anything; the Creator did everything through him. He didn’t think, he didn’t heal, he didn’t have to plan ahead. He was so attuned to the Creator consciousness that there was no need for him to do anything of his own volition; the Creator was doing it through him.

This creative life force was always available instantly when it was needed. Instantly. It was available to him to walk on water, and to overcome suffering. On the cross he had already changed his body into a whole new being. And you can change your body, because there is no limit to your creative capability. The only limitation is your ability to dare to create.

Dare to create! The simple repetition of “I create Good” is powerful. “I create Good in this situation.” “I create Good in this person.” These are powerful

vibrations—a powerful use of energy that begins true creation. Making such statements causes that vibration to travel into everyone, and everyone begins

to move out of any type of negative consciousness. So it is with the Light Center. It is unbelievable the Good that is present here because the consciousness of all those concerned is Good. And fantastic things happen here because of that presence of the divine creative life force.

So how does all this apply to abundance? And it’s all right to create enough in terms of money for yourself. But create abundance for all the nations on the planet. Create for the economy as a whole, create Good in the world’s economy, and change the entire consciousness. Now, it is not up to us to determine what the economy should be; don’t get into the trap of trying to visualize the perfect economy. That’s that perfection thing again. But if you create Good in the economy, then eventually it will be good for everyone—everyone—not one better than another.

The use of this creative life force has another requirement: that you use it to heal the nations. Each day, you’ll become aware of the nation you should be working on that day. And say, “I create Good in Israel,” or “I create Good in Uganda.” Using this creative life force begins to alter that nation and the people in it. It’s not up to you to determine who is going to be the dictator or the king or the president. It’s not up to you to manipulate in any way. It is up to you only to create Good. And, again, it’s not your concept of good as opposed to bad. True Good is knowing that the Creator is creating Good, and that it is Good.

Work on the mass consciousness of man, and change it, not as you will but as the Creator wills. Spread this creative life force throughout the mass consciousness, so that it changes from the negative in which it is presently involved. One of these negatives that seems to permeate everywhere is death. Since you were made in the image and likeness of the Divine, there is no death. That means in the physical. If you really analyze your own thinking, you will understand you are caught up in this thought. Seeing death, we create death.

Cease seeing death and you create Good for all of man. Is there anything in the creation story (in not only the Christian Bible but in all bibles, everywhere) about creating death? There is not. It came from the fact that man chose to climb the tree of the knowledge of good and evil. So we need to alter this idea of good and evil by always seeing Good, always creating Good—the Creator’s Good.

Diana Goure's

Monthly "Rightings"

Diana's Letter January

Ring out the old. Ring in the new.
Let Love show the way.

Now is the time to release the past completely.
It is too much to move into the future.
As you take off the binding, you go forward
more freely. Give thanks in all things.

Increase Light

You are privileged to travel directly to good.
See that during your day, you increase Light
in all you do, thus bringing healing to all.

Wisdom, Love and Light
they have walked among us in the night
of our oblivion to our true selves.
Let us awaken to our true identity.
Let us find our own Christ Light
shining within our very own souls.
Let all our words, thoughts and actions
stem from that true identity,
that oneness with the ONE.

Pulsating Power

See the pulsating power for Peace and Harmony
vibrating through this planet making all things new,
Work with it. See the perfection.
Concentrate on Great Good being manifested now.

Find Your Greater Self

As you loose your worldly self with its attention
on everyday problems and find your greater self,
your own MAGNIFICENT INNERMOST BEING,
so that Radiance comes to life and lights up the entire
planet with Peace and Joy and Life everlasting.

Build the Right

Build the Right and strengthen it
with every fiber of your being.
Place the emphasis on that which is desired,
then quietly and without fanfare the old passes away.

Step forth now into your New
Love always, Diana

Diana's Letter February

We rekindle the fires of our inner being.

The fires of Creation burned brightly
on that memorable day when born out of the
flaming consciousness of the Creator
the spirit of man danced with Joy,
and the morning stars sang together.

Now we go forth
to fulfill our immortal destiny.
We Delight in Life!
We find our own inner spring
flowing constantly with the Joy of Life.
Then we sprinkle it forth for all to know.

Sometimes it seems the ideal
is far beyond the present capability.
Know that as our eyes are set
upon becoming ONE, so all doors are opened
and all life flows in to greet us with great Joy.

All Life is here for the Living.
Make every thought,
every word, every thing we do
a spiritual experience.

More and more are awakening to Light,
so it seems almost like an explosion.
a change in the physical and all planes.
a beginning again,
a starting fresh,
a surging forward,
an upswing.

So hold your own true center steady.
Great Good comes flowing through you now.
Alive and alert you are to all phases of Good.
You are the center and this Radiance pervades all.

As each of us works to maintain positive attitudes
and works on seeing perfection in all things,
so we create it everywhere about us.
Let us use our imaging power to see the perfect world.
This is the perfect work and
the way for each of us to do it.

We let the Glory within shine forth constantly.
Much Love, Diana

New Years Prayer Celebration

Create a Peaceful and
Abundant New Year in
2012



Coming Events

Links to event details and flyers on www.urlight.org/events.htm

**Every Tuesday in January and February 2012:
Gentle Yoga with Karen Barnes
10:30 am—12:00 noon. Cost: \$10 per class.**

Gentle traditional yoga emphasizing moving slowly, moving with awareness and with the breath. To register, call the UR Light Center at 828-669-6845.

**Every Wednesday in January and February 2012:
Level 1 Qigong with Karen Barnes
1:00—2:15 pm. Cost: \$10 per class.**

Qigong is the root of Chinese Medicine and combines breath with movement and intention. To register, call the UR Light Center at 828-669-6845.

**Every Wednesday in January and February
2012: Prayer for the United States
2:30-3:30pm.**

**Every Thursday in January and February
2012: Infinite Way tape study group with
Roberta Perry and Jay Goure
2:00-3:15 pm.**

**Every Sunday in January and February 2012:
World Peace Prayer
3:00-4:00 pm.**

**The Lodge will be closed January 18 –
February 10, 2012, for completion of Lodge
renovations.**



FLOWING INTO THE FUTURE

The Light Center and Lodge keep the United Research dream alive for all who are, have been, or will be, part of it, in person and/or in spirit. Devoted supporters have contributed monthly for decades.

Every contribution you make (PO Box 1146, Black Mountain, NC 28711) is profoundly welcomed. Call us at (828) 669-6845 or email dome@urlight.org.



THE WORLD PRAYER ENDOWMENT FUND

The endowment fund is designed to perpetuate the work of teaching and empowering individuals to heal themselves and their planet, thus making the world a better place.

If you would like to hear more about opportunities to make donations to the fund, or in learning about how to include the World Prayer Endowment Fund in your estate plan, please call (828) 669-6845 or email wpef@urlight.org.

VOLUNTEER ANGELS

Call (828) 669-6845 or email dome@urlight.org if you see any activities or events at the Dome you would like to support with your time and spirit.

Enjoy the Light Chamber, Labyrinth, and Prayer Room while you're here. To contact the Lodge, call (828) 669-0474 or email lodge@urlight.org.

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Barbara Halstead,
Neil Harris, Beverly
Jones

Ongoing Events

1:00-2:45 pm Second and Fourth Sundays,
April-December: Toning for Peace

3:00-4:00 pm Every Sunday: Prayer for the
world.

Tuesdays: 10:30-noon. Gentle Yoga

Wednesdays: 1:00-2:15 pm Level 1 Qigong;
2:30 pm: Silent Prayer;
4:00 pm: Group sharing of one of Jim Goure's
lectures converted to CD

Thursdays: 2:00-3:15 Infinite Way Study Group

**Service and Trails Day 2nd Saturday each
month:** 9:00 am-noon: The fun of outdoor work

The Light Chamber: Meditate with music and
energy balancing lights at the Light Center.